



DISTRICT III
NEWSLETTER
spring 2021

LETTER FROM THE DISTRICT DIRECTOR

Katie Walsh Flanagan, EdD, LAT, ATC

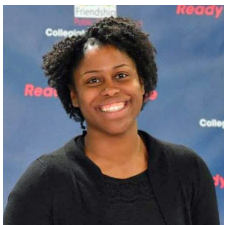


Hello friends -

We have made it a whole year in unimaginable circumstances, and are still standing, thriving, and caring for our patients. Our teaching and the way we care for our athletes have changed, but we are still strong, determined and looking forward. This Newsletter has a ton of information to keep you current, get you informed, and bring us all together. I am wishing each of you a brighter Spring than last year.

MAATA is strong as it is run by dedicated and hard-working members who serve you. Secretary **Jason Mitchell** keeps us all abreast of member data and is the King of our Zoom platform (which you will see at our Business Meeting and Student Symposium next month), treasurer **Jay Sedory** keeps our finances in line, and Past Director **Pat Aronson** is brilliant with her insight and patient guidance. Newcomers President-elect **Steve Cole** and Vice President-elect **Donita Valentine** both officially take office after the Business Meeting May 15th, and are on speed dial and ready for the work of this District. Our **State Presidents** are dedicated to moving their states forward, and keeping their members informed. We could not be as efficient and on point without the ever-patient and thorough work of our Webmaster, **Sharri Jackson**, and wise guidance from Parliamentarian, **Marty Sataloff**. Please take a minute to reach out to these underappreciated, behind-the-scene warriors, for they keep our District STRONG

This year at the **Business Meeting (Saturday, May 15 at 12:30 pm)** we have a few items to vote on – one being correcting the MAATA By-Laws (both the Director and President accidentally had the same duties, and we want to correct that), and the NATA has also updated the by-laws to address adding District XI, voting, and other issues. Both of these changes can be reviewed through our [MAATA website homepage](#). Please note, during the Business Meeting there will only be limited time for written discussion via the Chat function in Zoom; so please address any questions to me ahead of that meeting by emailing Flanagank@ecu.edu. Please read **Scott Cook**'s section, below, for information on the Business Meeting, including (free) registration for it. Members MUST register in advance for the Business Meeting (and free CE opportunity following the meeting)



Congratulations to two of our members recognized with National Awards!! **Tina Carrillo** (pictured far left) was honored by the NATA Young Professional's Committee with a **National Distinction Award**, and **Pat Aronson** (pictured left) was named the **LGBTQ+ Award for Inclusive Excellence** with Lindsey McLean (former NFL AT). Well-deserved accolades for both women.

Calling for Volunteers! As you have read in the recent Eblasts, we have new committees! We are seeking driven, dedicated volunteers to head up two MAATA Efforts (MAATA Meeting Planner and MAATA Educational Program Planner); and two volunteers to represent MAATA on two new NATA committees: the Early Professional Committee – EPC, for members within six years of certification, and Connection and Engagement Committee – CAE. More details on these opportunities can be found [HERE](#).

Katie

Katie Walsh Flanagan, EdD, LAT, ATC



FROM THE DISTRICT **PRESIDENT-ELECT**

Steven L. Cole, MEd, ATC

Please welcome **Kassy Mosley** – first Social Media Director for MAATA! Kassy will begin in earnest after the May Business Meeting, and is responsible for keeping MAATA upfront and in the know via [Twitter](#), [Insta](#) and [Facebook](#). Kassy is the ECU Women's Basketball AT and serves on the MAATA YP Committee, and she is shadowing our current PR person, Tina Carrillo for the next month.

On another note, I am truly disappointed that we will not have the opportunity to meet together in Charlotte this May. I know these are busy, challenging times for all of us, especially with the condensed athletic schedules. Throughout this pandemic, we have all witnessed the extraordinary resiliency of the athletic training profession. I marvel as we adapt, overcome and bring increased value to our various work settings. I am proud to be recognized as an athletic trainer and I look forward to serving you as we move forward.

Steve
Steven L. Cole, MEd, ATC

FROM THE DISTRICT **VICE PRESIDENT-ELECT**

Donita Valentine, DAT, ATC, LAT



Greetings Members of District III!

Sending warm wishes of gratitude from Maryland. As we are now in full force spring mode, those of us living in Maryland and some parts of Northern Virginia will welcome the 17-year cicadas in a few weeks!

The Executive Council, Meeting Planner, Education Program Committee, Student Education Program Committee, and Exhibit Coordinator have been working tirelessly to bring together what will be a great Virtual Symposium for the members of District III this year. A special thanks to Director Flanagan, and Jason Mitchell for their leadership and guidance, Scott Cook, Kimberly Pritchard, Emily Hildebrand, and John Knaul for their tenacious effort in getting all of the logistics in place. An extra special shout out to Jay Sedory, Past Director Pat Aronson, and Sharri Jackson, our web designer for their collaboration and input.

I encourage you all to head over to the MAATA website and check out all that is in store, and most of all, please continue to stay safe!

Donita
Donita Valentine, DAT, ATC

FROM THE DISTRICT SECRETARY

Jason Mitchell, MEd, LAT, ATC



Greetings from Virginia,
It's been a whirlwind of the past year, but it's been (and continues to be) a wonderful & rewarding experience serving as your District Secretary. I'm honored to hold this position, and I'm continuously inspired by our members throughout this awesome District! Even though another National Athletic Training Month has ended, you guys have definitely pushed forward and showcased that we are, *AND CONTINUE TO BE, Essential to Health Care.*

I want to thank District Director Flanagan, District Treasurer Sedory, Past Director Aronson, and the entire District Council for their tireless and dedicated work for the membership. Also, I'd like to also thank our District President-Elect Cole & District Vice-President-Elect Valentine for their involvement as soon as they were elected. They are both amazing professionals AND wonderful people, and they are great additions to you Executive Council. Your association is in good hands!

I want to thank all of you who chose to renew your NATA membership for 2021! As of April 1, the MAATA had **4727** members, of which **3927** were in good standing with the NATA and processed their renewals by the deadline. ***We still encourage the 800 members who have yet renewed to please do so!***

Of our **3927** active members, here are some further breakdowns: **3016** Certified Professional members, **195** Certified Retired members, **320** Certified Student members, **40** Associate members, **12** Honorary members, **340** Student members, **3** Licensed Professional members, and **1** Retired member. Certified Members by state are the following: District of Columbia – **67**, Maryland – **513**, North Carolina – **1143**, South Carolina – **658**, Virginia – **955**, West Virginia – **195**.

Also, I hope you can join us at the virtual District Annual Business meeting this May 15th. I know that Treasurer Sedory, Scott Cook and Kim Pritchard have been working diligently to bring you a quality program again this year, and we can't thank them, and the entire Annual Meeting Planning Committee, enough for all their hard work!

Again, I want to thank all of you for your support, and I wish you continued health & safety for the remainder of the spring. If there's anything I can do for you, please don't hesitate to contact me (d3sectry@gmail.com).

Jason

Jason Mitchell, MEd, LAT, ATC

District III Council

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Flanagank@ecu.edu

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Donita Valentine, District Vice President
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Jason Mitchell, District Secretary
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Patricia Aronson, Past District Director
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Athletic Training

FROM THE DISTRICT TREASURER

Jay Sedory, MEd, ATC, EMT-T



Greetings members! I hope the Spring and Summer bring everyone good weather and fortune. District 3 continues to function and thrive during the pandemic due to its outstanding leadership and volunteer network of athletic trainers.

I am thankful our district can support its regular programs and committees during these difficult times. We continue to provide grants and scholarships to our members. I have noticed members are especially generous and continue to donate to the NATA Political Action Committee and NATA Research and Education Foundation.

I would like to recognize some special volunteers I have had the pleasure to work with over the last few months. They have made some of the hardest decisions in their state and continue to support the district:

- Jamilia Watson Washington DC, Treasurer
- Amber Stanley Maryland, Treasurer
- Nick Dailey West Virginia, Treasurer
- Sara Spencer Virginia, Treasurer
- Jason Brafford North Carolina, Treasurer
- Jared Williams South Carolina, Treasurer

I look forward to giving the membership a financial overview during the business meeting.

With Gratitude,
Jay Sedory MEd, ATC, EMT-T

DISTRICT-WIDE NEWS



ANNUAL SYMPOSIUM COMMITTEE

Scott Cook

The MAATA Annual Business Meeting is again going Virtual for 2021!! The MAATA Annual Business Meeting will take place, Saturday May 15th at 12:30 pm. Following the meeting, Certified members will be able to earn one free hour of Continuing Education.

Kate Jochimsen, PhD, ATC & Shelby Baez, PhD, ATC will be presenting: [The Who, When & How of Mental Health Screening in Athletes](#). The presentation has been submitted for EBP, and we are waiting for approval.

Registration for the Annual Business Meeting and Continuing Education opportunity will open on Monday May 10th and will close Thursday May 13th at 12:00 pm, noon. The deadline for completing the CE survey is Sunday, March 23rd. Members who have earned the CE credit can expect to receive their certificate on/or around June 6th.

The MAATA will again be offering a Video series of Continuing Education. The program is being finalized, and will be in the same format as the virtual video series as the 2020 CE opportunities. We are expecting 13 videos. and more information will be forthcoming. Registration for the VMAATA will open on Monday May 17th and will close on Thursday June 17th.

Videos on a variety of topics will be one hour of either Category A or an EBP, and the price remains at 10.00 per video. A special package price will also be available.

[CLICK HERE](#) to view the video abstracts.

The deadline to submit for the CE video surveys is Sunday June 20th. Members who have earned the CE credit can expect to receive their certificate on/or around July 4th.



ELECTIONS COMMITTEE

Pat Aronson

CALL FOR CANDIDATES FOR DISTRICT DIRECTOR AND TREASURER

District 3 Director Dr. Katie Walsh Flanagan will continue as our Director until June 2022. We will elect her replacement this fall. Once elected the candidate will shadow Director Flanagan, as well as the other officers in the District to learn more about the position until taking the Director's position in June 2022.

Our current **District Treasurer**, Mr. Jay Sedory will also complete his first term in this position in May 2022. Thus, we will open the position of District Treasurer this fall to shadow Jay from the fall of 2021 until 2022. Mr. Sedory has indicated he will run for a second term as our Treasurer.

Qualifications for both positions can be found in the MAATA Constitution and ByLaws, which is located on our website. All Individuals interested in running for these leadership positions will be asked to submit a cover letter outlining their qualifications; a copy of their current resume'/vitae including pertinent leadership and volunteer experience within their state, district, and national associations (as well as NPI, BOC, and state regulation numbers) to Past District Director Patricia Aronson, PhD, ATC, [HERE](#) by **July 1, 2021**.



ETHNIC DIVERSITY COMMITTEE

Brittany Brown

Our District Committee will continue our annual panel discussion with the student senate at the 2021 Virtual MAATA Annual Symposium. This panel discussion is designed to provide students more knowledge on how to prepare themselves for their respective career paths. More information regarding this event will be provided in the upcoming E-blast.

Our EDAC committee has been working diligently to finalize events for our 2021 Virtual NATA Clinical Symposia & Expo. More information on our events and educational session will be provided in the upcoming E-blast.

For more information please follow us on Instagram: @nataedac, Twitter:@EDACNATA, and Facebook: NATA Ethnic Advisory Committee.



STUDENT SENATE COMMITTEE

Emily Hildebrand

The MAATA Student Senate has planned a virtual student program for students enrolled in or graduating in May 2021 from a professional undergraduate or graduate athletic training program. To kick things off, **Friday May 14th at 7:30 p.m.** we will be streaming live on Facebook the annual District III Quiz Bowl. Then on **Sunday, May 16th** we have a live, virtual Student program that will feature athletic training and professional development content. Cost is \$5 for NATA members and \$10 for non-NATA members. Register and view the full program [HERE](#). Students can register now for the meeting [HERE](#). Deadline to register is: May 15, 2021

Also, don't forget to support our annual service project by purchasing some District III swag in which proceeds are being used to purchase needed supplies for ATs across our region. [MAATA SERVICE PROJECT](#)



HONORS & AWARDS COMMITTEE

Bob Casmus

We are pleased to recognize that the MAATA Hall of Fame class for 2021 includes two outstanding high school athletic trainer. The MAATA HOF inductees for May 2021 are **Scott Barringer, ATC**

and **Dr. George Wham, ATC**. Please congratulate these outstanding award winners as they are most deserving of their recognition. As we are not meeting in Charlotte this coming May due to the Corona Virus pandemic, we will have an appropriate virtual recognition for these Hall of Fame award winners in May 2021 and we will also include the MAATA HOF inductees of 2020 (Jim Berry, Renee Cork, Peter Kotz, Beverly Westerman, and Mark White). A special thank you goes out to John Bielawski (HOF sub-committee chair), Nancy Burke (MDAT sub-committee chair) and Sherry Summers (Service Award sub-committee chair) for their work on behalf of District III. I also want to say thank you to the anonymous members of the scoring groups for their participation in the awards process. As a quick reminder to all members of the MAATA – please consider making nominations for the 2022 District III Honors and Awards after August 1st, 2021 as found on the website [HERE](#).



SCHOLARSHIP COMMITTEE

Adam Weyer

As I am sure it has been for everyone, it has been a crazy few months here in Greenwood, SC with every one of my teams competing at the same time but it has been enjoyable watching

them compete against other schools. We have all learned how to navigate the COVID waters relatively well and given our student-athletes the opportunities to play which is all they ever wanted to do and at the end of the day, that's all that matters. Allow me to thank the program directors and members of my committee for getting the word out as we saw an increase in applications for our scholarships. We know that there are still plenty of deserving students in our district who are not applying for these scholarships so we will continue look for ways to spread the word for next year's round. Allow me to thank the members of my committee for their input, suggestions, and scoring of all of the applications we received. We are pleased to announce the winners of the 2021 MAATA Scholarships.

Edward J Block

- 1st Place – Renee Adamonis – Western Carolina University (NC)
- 2nd Place – Breanna Ferguson – University of South Carolina (SC)

A.C. "Whitey" Gwynne

- 1st Place – Emily Meyerl – George Mason University (VA)
- 2nd Place – Ashlee Humphries – Virginia Tech University (VA)

Larry Sutton

- 1st Place – Kimberly Hill – Marshall University (WV)
- 2nd Place – Kaitlyn Whipp – Towson University (MD)

William Prentice

- 1st Place – Kiara Malone – Shenandoah University (VA)

NEWS FROM THE NATA



Katie Walsh Flanagan

Diversity, Equity, Inclusion, and Access:

The NATA Board of Directors has been working with the NATA Ethnic Diversity Advisory Council and a DEI consultant for the past several months; and has recently appointed a new task force to advance into the next phase of our plan – developing

strategies to deliver the identified commitments. This fifteen-person task force, led by Rebecca M. Lopez, PhD, ATC, CSCS and Trevor M. Bates, DHSc, AT, ATC with support from the DEI consultant, will develop and recommend efforts to ensure the implementation and full integration of diversity, equity, inclusion and access commitments approved by the board

VNATA is set for June 22-14 (live) and on-demand June 25-September 30. Save the dates! More information coming soon. This is a BOC reporting year (all CEs must be earned and documented by December 31, 2021), so choose your CEs wisely

There are several member services that can impact you and assist your athletes. **SidelinedUSA**, powered by the NATA offers resources for sidelined athletes, mental health as well as COVID Wellness Initiative. The can be found [HERE](#). The Kory Stringer Institute is also aligned with NATA to provide ATLAS (Athletic Training Location and Services). [VIEW HERE](#) These maps are updated by High School ATs and are helpful when traveling, or finding an AT to shadow for students needing observation hours for entrance into AT Education programs

DISTRICT THREE



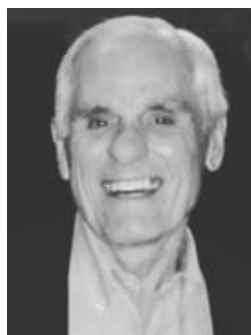
MEMORIAL INITIATIVE

John Bielawski, ATC

To learn more about the MAATA Memorial Initiative, please [Click Here](#).

We Remember...

Although they are gone, let us never forget their lives, their service and commitment to the ideals of the athletic training profession, and for enhancing the history of our district.



Jesse Allan Proctor

August 7, 1936 – February 19, 2021

Raleigh, NC. Jesse Allan "Al" Proctor, 85, passed away peacefully at his home on February 19, 2021 after several years of declining health. The son of Lois Mae and Jessie McDuffie Proctor, he was born and raised in Shelby, NC.

In 1956 he graduated with an Associate of Arts degree from Gardner Webb College, and earned a Bachelor of Arts degree in 1958 from Wake Forest University. He would later earn his Master's in Education and a Doctor of Education while at Wake. However, it was at Wake Forest that he became interested as a student in the profession of athletic training. Following graduation, he took the job of teacher/trainer at Greensboro Senior High where he became the state's first nationally certified athletic trainer! During his long career, Al was an assistant athletic trainer with the New York Yankees and then as an assistant athletic director and athletic trainer for North Carolina State University.

Al served as the Director of Athletics and Sports Medicine for the NC Department of Public Instruction for seventeen years during which time he helped implement high school sports medicine programs across the state and developed an adult-teacher certification program. Furthermore, he established the nation's first student trainer clinic which ran for more than 30 years. "As the Founder and Director of the state's first sports medicine program, he worked to make sure every high school in the state was staffed by a skilled athletic trainer." For his efforts he was known in high school athletic circles as "The Father of Sports Medicine!" One of the highlights of his career in athletics and sports medicine was his induction into the NC Sports Hall of Fame in 2011.

Al is survived by his wife of 39 years, Ann Lindley Proctor; his sons Cameron A. Proctor and his wife, Kasey and Thomas M. Proctor; his beloved grandchildren Peyton and Hunter. He loved his family and friends and adored his "grand-dogs", Ally and Geri. Al is said "to never have met a stranger." He possessed a special gift of making everyone he met feel welcome with his warm and infectious smile. Al loved the Lord and lived his life as a Christian sharing his light with all he came into contact.

NATA COMMITTEE NEWS



INTERCOLLEGIATE COUNCIL FOR SPORTS MEDICINE

Jennifer O'Donoghue

NATA and its Intercollegiate Council for Sports Medicine offer a variety of helpful resources for the college/university setting including presentations, sample protocols and studies.

Source: [VIEW HERE](#)

COVID-19 Resources

NATA Infectious Disease Workgroup White Papers

- [Care of the Patient in Prevention of Transmission of Infection](#)
- [COVID-19 Related Athletic Training Infection Control: Prevention of Infectious Disease](#)
- [Infection Control in Athletic Training Facilities Post COVID-19 Facility Standards](#)

Understanding Vaccines-from the CDC and NATA-ICSM: [VIEW HERE](#)

As COVID-19 vaccines continue to be offered in our communities, the Intercollegiate Council for Sports Medicine wanted to share information with athletic trainers to educate student athletes and patients about the vaccines that are available and the reasons to get vaccinated.

[ICSM Vaccine Infographic](#)

NATA's Intercollegiate Council for Sports Medicine created a document to assist athletic departments with preparation and implementation strategies to enhance a safe return to campus and athletic activity following the COVID-19 pandemic. Each institution can personalize the content of this plan to incorporate campus-specific policies and resources.

[ICSM Return-To-Campus Recommendations](#)
(pdf, Members Only)

The second ICSM return-to-campus document covers topics including coordination, COVID-19 education, personal protective equipment, screening and COVID-19 testing. It also includes a sample student athlete COVID-19 screening form and a screening process example.

[ICSM Return-To-Campus Recommendations 2](#)
(pdf, Members Only)

The BOC Facility Principles document is a great resource focused on the role of the athletic trainer in the prevention of disease transmission and safety standards, developing policies and procedures of cleaning facilities, water sources for hand washing and potable water as well as use of personal protective equipment (PPE).

[Facility Document Introduction from ICSM](#)

The Essential Role of the Athletic Trainer document emphasizes the importance of the AT by outlining the many services ATs provide as part of the health care team as well as the profound relationships built with the student athletes, coaches, sports administrators and other team support staff. It also specifies that the AT is one of the athletic department staff's best-equipped staff members to provide daily support relating to student athlete health and safety during COVID-19.

[The Essential Role of the Athletic Trainer](#)

Additional Educational Resources

- [Learning about Vaccines from the CDC](#)
- COVID-19 Vaccines: [Infographic](#)
Source: John Hopkins Medicine

Additional ICSM Projects and Resources

- [Mandatory Reporting FAQ](#)
New federal regulations concerning Title IX announced by the U.S. Department of Education went into effect in August 2020. The purpose of this FAQ is to give collegiate athletic trainers guidance with the new regulations.
- [Mandatory Reporting FAQ](#)
- [ICSM Transition to Practice Guide](#)
 - The purpose of this document is to help assist a newly credentialed athletic trainer transition into their new work environment and help seasoned ATs transition in a new work environment in the collegiate setting. This document focuses on four main components of transitioning into the collegiate setting: human resources, orientation, mentorship and performance goals.

[ICSM Transition to Practice Guide](#)



NATA FOUNDATION

Marty Baker

As I so frequently point out one of the most important functions of The Foundation is to provide funding in the form of scholarships for the next generation of athletic trainers. The students of the MAATA have a rich tradition of scoring numerous as well as coveted scholarships from The Foundation and this year's recipients have much to boast about. Athletic Training Students from MAATA received more than \$27,000 in scholarship assistance and with 12 awardees MAATA received more scholarships than any other district...now that is impressive. Please join me in congratulating the students listed below. They represent all categories of scholarships from pre-professional scholarships up to doctoral scholarships. I would also like to thank the educators of our district for encouraging and mentoring these students as they navigate their educational pursuits.

Renee Adamonis, Western Carolina University
Pete Demers Memorial Scholarship

Derek Dewig, UNC @ Chapel Hill
William Prentice/MAATA (D3) Scholarship

Breanna Ferguson, University of South Carolina
Ethnic Diversity Advisory Committee

Ann Francis, Western Carolina University
Frank Cramer Memorial Scholarship

Ashlee Humphries, Virginia Tech
Gatorade Gail Weldon Scholarship
Natalie Kupperman, University of Virginia

Richard E. Vandervoort Memorial Scholarship

Kiara Malone, Shenandoah University
PFATS Dean Kleinschmidt Scholarship

Rachel Scherbenske, University of Virginia
Richard E. Vandervoort Memorial Scholarship

Victoria Simpson, University of South Carolina
EDAC David H. Perrin Scholarship

Nancy Uriegas, University of South Carolina
Richard E. Vandervoort Memorial Scholarship

Kaitlyn Whipp, Towson University
NBATA David Craig Scholarship

Reann Young, University of South Carolina
Ronnie Barnes Scholarship

I certainly would be remiss if I didn't take a moment to thank those members of our district that provide generous funding to support the efforts of The Foundation. It begs the question...are you a member of The Foundation? If you are not I am hoping you will consider joining the *Circle of Champions*, The Foundation's recurring gifts initiative. I know that coming up with \$100 on the spot is hard but with the *Circle of Champions* a \$5 or \$10 per month gift hurts a lot less and certainly is doable for all of us. Substituting the cost of a Dunkin or Starbucks stop or perhaps dedicating one happy hour beverage just once a month is the small sacrifice each of us can make to ensure that The Foundation can fulfil its mission. As you read this please stop and consider joining me in giving just a little bit each month...together WE can make a difference.

[CLICK HERE](#) to join the *Circle of Champions*

The Circle of Champions was established to recognize individuals who give recurring, unrestricted gifts to the NATA Research & Education Foundation.

When you join the Circle of Champions, your gift will strengthen our global efforts to support the future of athletic training. It will also help the NATA Foundation prepare for tomorrow's educational and research needs. The process of enrollment takes minutes to implement, and no gift is too small! Your giving instructions can be changed at anytime (no contracts involved).



For NATA members, your contributions will be carefully tracked and as they accumulate, you'll be able to climb levels within the AT Loyal tiers.

You will be gifted a Circle of Champions pin to show your ongoing support for the mission of the NATA Foundation. Circle of Champions members are the first to hear about the NATA Foundation's current initiatives so you'll always know how your generous contributions are helping sustain the growth of the athletic training profession.

Please join the Circle of Champions today here: <https://www.natafoundation.org/support/ways-to-give/circle-of-champions/>



LGBTQ+ ADVISORY COMMITTEE

Ami Adams, MS, ATC, CES - D3 Rep

I hope everyone is doing well. The LGBTQ+AC is excited to have Dr. Armstrong represent D3 as the incoming D3 representative beginning in June!

We have also included an educational terminology for transgender athletes. Please do not hesitate to contact us if you have any questions.

TRANSGENDER TERMINOLOGY	
SCHUYLER BAILAR @PINKMANTARAY	
Correct—	Incorrect—
✓ He is <u>transgender</u> .	✗ He is a transgender. ✗ He is <u>transgendered</u> . <small>"Transgender" is an adjective. It is not a verb or a noun. Inserting the article "a" before or adding "-ed" at the end is not only grammatically incorrect but also implies something has happened to us to make us the way we are, which is false.</small>
✓ He <u>transitioned</u> a few years ago.	✗ He <u>transgendered</u> a few years ago.
✓ He <u>transitioned</u> .	✗ He <u>changed genders</u> . <small>I didn't change my gender, I changed my presentation, I've always felt like myself—a man. I just haven't always had the words or resources or confidence to claim it.</small>
✓ ...when he <u>presented as female/a woman/a girl...</u>	✗ ...when he <u>was a girl...</u>
✓ ...before he <u>transitioned...</u>	✗ ...before he <u>became a boy...</u> <small>These imply I was once a girl. But I never was truly a girl. Though I may have "looked like" or presented as a girl, I have always been me; a man. Even when I didn't know how to explain it, for me, this extends to "FTM" as well. When relevant, I prefer to say I was "assigned female at birth, and identify as male," instead.</small>
✓ Gender identity and sexual orientation are not the same.	✗ Being trans means you're gay.
✓ Don't ask about surgeries/private parts unless a person explicitly invites that conversation!	✗ Did you get <i>the</i> surgery?
pinkmantaray.com/terminology	



STUDENT LEADERSHIP COMMITTEE

Victoria Simpson

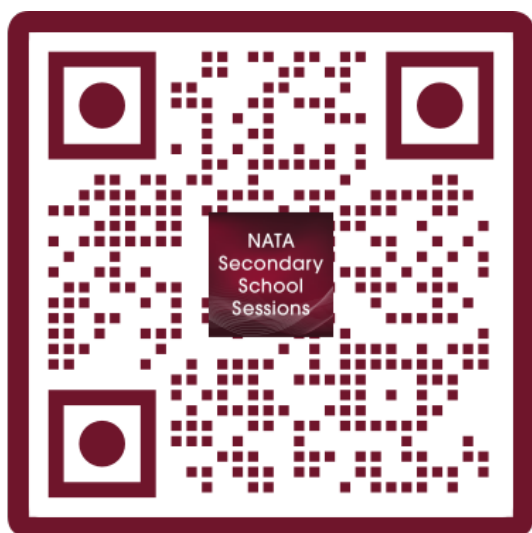
Students graduating Spring 2021 we want to feature you! The NATA Student Leadership Committee would like to highlight athletic training students from across the country on this great accomplishment. Please send a graduation photo along with your name, the college/university you are attending, if you are graduating from an undergraduate or Professional MAT program, and a fun fact about you to slcoutreachcom@gmail.com. Follow us on Instagram and Facebook @natasc and Twitter @natascrcps to check out your photo along with some of your peers!



SECONDARY SCHOOL AT COMMITTEE

Jennifer Rheeling

Calling all Secondary School ATs and anyone with an interest in the secondary school setting or patients in this age group: the NATA SSATC is hosting a series of lectures. The QR code provided will take you directly to the NATA website where you will find the details of the series and be able to register. We hope to see you there!!



SCAN ME



EDUCATION ADVANCEMENT COMMITTEE

Lindsey Schroder

The EAC is hosting a virtual education research series April 8th through June 7th. NATA member early bird pricing is only \$30 (until April 7th) and attendees can earn up to 2.0 Category A CEUs! To see the details of each session and to register, please [VISIT HERE](#).



PROFESSIONAL EDUCATION COMMITTEE

Ashley Thrasher

The Professional Education Committee is reintroducing the "Teaching Tips" series! These are short, 7-10 minute videos describing a unique teaching technique. These are similar to model practices at the Athletic Training Educators' Conference. If you have a novel teaching technique and you would like to participate in making a *Teaching Tip* video, please contact Ashley Thrasher at abthrasher@wcu.edu.

Are you interested in being a preceptor and hosting a student for an immersion clinical experience? Check out the NATA Immersion Experience Host Submission! This is open to any athletic trainer who wants to host students.

The NATA Immersion Experience Program connects non-certified student members with exclusive, unique opportunities to further their AT experience and growth in clinical skills. This new member benefit also benefits the Professional Member who hosts immersion experiences, opening their ability to connect to a larger candidate pool.

[Submit your experience on Gather!](#)



GINA PALERMO
PRESIDENT

Fellow athletic trainers, it is hard to believe that is already April. Spring is in the air and high school sports (public) are finishing fall sports, nothing is abnormal in 2021. It is great to see our professionals get back to the playing field after a long hiatus. Vaccine rollout has been a slow and steady process in the state. Some athletic trainers have had an important role in this process kudos to helping all of us getting back to normal. Our state business meeting and annual symposium will be held on June 11 and 12, 2021. Both segments will remain virtual this year. I invite you to attend.

Finally, I would like to publicly commend the efforts of the two high school athletic trainers. On March 5, a situation happened where a student suddenly collapsed. Kayla O'Connell, Catoctin High School, and Madison Brown of Middletown High School sprang into action to help save this young athlete's life. Thank you for making sure athletic trainers are essential to healthcare.



CHRIS JONES
PRESIDENT

The Virginia Athletic Trainers' Association had a very successful National Athletic Training month, and we appreciate all the hard work that ATs are doing across the state! The VATA Leadership Academy and Public Relations promoted various activities throughout the month to help promote our profession, highlight various ATs throughout the state, and promote a healthy work/life balance. #VANATM21

Elections for the following positions within the VATA are right around the corner: President Elect, Capital Region Representative, Central Region Representative, Shenandoah Valley Region Representative. Anyone interested in volunteering their time and assisting with the business of the VATA should submit an application to [Chris Jones, VATA President](#)! Along with elections, voting is currently live for amendments to the VATA Constitution & Bylaws. Voting ends on April 19th at 11:59pm so vote today!

Lastly, the VATA would like to highlight one of our amazing members, Kathryn Crouthamel from Madison County HS. Kathryn helped save the life of a coach by using CPR and an AED so thank you, Kathryn! This is truly a great example of how ATs are Essential to Health Care!



JAMES BAZLUKI
PRESIDENT

The North Carolina Athletic Trainers' Association held its annual meeting online. The highlight of the online event was the announcement of the annual awards presented by the association.

The most prestigious of the awards was the presentation of the **2021 Hall of Fame** class. The newest members to be presented into the **NCATA Hall of Fame** were **Randal Pridgen** of East Wake High School and posthumously to **William "Bill" Griffin** former NCATA President.

AT Service Awards were presented to: **Johanna Williams- LAT, ATC**, Atrium Health and **Joe Sharpe Jr. LAT ATC**, Charlotte Hornets. **The Presidential Award** was presented to **Dan Brown** of Radeas Labs.

The Presidential Scholarship for Leadership was presented to **Benjamin Williams**, at University of North Carolina Wilmington. The **Pioneer Scholarship of Service** was presented to **Kayla McReynolds**, at UNC Greensboro. The **Hall of Fame Scholarship for Academic Excellence** was presented to **Merrily Lyons**, at UNC Greensboro.

Three **Lifesaver Recognition Awards** were presented. **Kevin Jones**, who usually works with AC Reynolds High School, who was at working an Urgent Care facility when a patient collapsed in the waiting room, with no

pulse and was non-responsive. Quick lifesaving CPR and O2 administration, between the Physician Assistant and Kevin, resulted in a positive outcome for this patient. **Jade Witmer**, Novant Health and NCATA President **James Bazluki**, Atrium Health were also awarded this recognition when they found themselves in an emergency situation during their work at the hospital. They were alerted by security that a cardiac arrest was coming into the facility. The nurse stated they were on a skeleton staff and did not have the manpower to run a full code and requested assistance by someone who could help with CPR. Jade and James joined the code team supporting the nurses and doctors, providing chest impressions and other vital aspects to help stabilize the patient.



MIKE WALKER
PRESIDENT

The DCATA will be hosting a 2021 Virtual State Symposium with asynchronous videos, viewable from May 10th to May 14th. A live business meeting with a CE Category A presentation will be held on Wednesday, May 12th at 10 am. The program is still under construction but EBPs by two presenters will be offered. More information on how to sign up will be posted on the DCATA website at the beginning of April. We are looking for more Category A speakers, so if anyone is interested in presenting asynchronously can email Michael Walker at mwalker@stjohnschs.org.