



AWHONN

FLORIDA

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS



A Message from your Florida Section Chair

Hello Florida AWHONN!

WOW! What a few weeks we have had with the COVID-19 pandemic. I hope you are all staying safe and taking some time for yourselves to take a break when you need it. Information is changing some times minute to minute as we have gone through the last few weeks. Be sure you are watching our own AWHONN website as well as our colleague's websites at ACOG and SMFM for the most current news.

We are very sorry we have had to cancel a lot of chapter events and national AWHONN is keeping an eye on things and updating info on national events including our convention in Phoenix.

Our Florida Section conference is scheduled for July with a lot of great speakers planned. We continue to make plans for an exceptional conference experience for you at the Naples Grande!

Keep up with all your activities for the Florida Perinatal Quality Collaborative for the PROVIDE and MORE initiatives. If you need help, contact our friends at the FPQC. They are there for you for questions. They are putting out a lot of short videos that will be great for starting your staff meetings or huddles. You do not even have to be a part of the initiatives to take advantage of all the great resources on their site!!

To finish up, stay safe! Keep in touch with us on our Facebook page.

Nancy J. Travis, MS, BSN, RN, BC, CPN, CBC
AWHONN Florida Section Chair



Welcome Shannon Stalbird, AWHONN Florida Secretary Treasurer!

The following is a brief interview with Shannon.

Tell us about your AWHONN story:

In 2013, I joined AWHONN as a student nurse at the recommendation of an instructor and great mentor (Shannon Morse).

In 2014, I began my career as a labor and delivery nurse. I also took on the role of registration chair for the Florida Conference.

In 2015, I continued my role as the Registration Chair for our state conference.

In 2016, I became the Chapter Coordinator for Pasco and Hernando Counties.

In 2017, I became an Emerging Leader with AWHONN.

In 2018, We organized (with the FL leaders, of course) the first National Student Symposium.

In 2019, I was elected into the Florida Secretary Treasurer Role.

That sums up my AWHONN roles. I have been to every National Convention except for last year and every

Continued...

leadership and state conference since 2013. I only missed last year due to complications regarding my adoption and foster care issues.

Tell us a little about your personal life:

I am a blessed wife to Matt, who is an amazing man for almost 16 years. I have 4 children. McKenzie (16), Logan (13), Austin (11), Preston (2). We are a foster home that has been blessed by adoption. Fun fact, I actually delivered my adopted baby at work and was asked by the mother to take custody.

Shannon looks forward to serving AWHONN as Secretary Treasurer! Feel free to reach out to Shannon at: shannonstalbirt@hotmail.com

COVID-19 Updates

ACOG Update

Interim Considerations for Infection Prevention and Control of Coronavirus Disease 2019 (COVID-19) in Inpatient Obstetric Healthcare Settings

[READ HERE](#)

SMFM Update

Novel Coronavirus 2019 (COVID-19) Practice Advisory | March 2020

[READ HERE](#)

CDC Update

COVID-19 in Pregnancy: Preparing your Obstetrical Units

[READ HERE](#)

AWHONN Position Statement on Doulas

Thanks to our section leader, Nancy Travis, serving as an expert.

AWHONN recognizes that doula services contribute to the woman's preparation for and support during childbirth and opposes hospital policies that restrict the presence of a doula during a woman's active labor.

"Doulas are not visitors and should not be blocked from caring for patients in the antepartum, intrapartum and postpartum period. Most doulas have been contracted by patients weeks to months ahead of time and have established provider relationships. They are recognized by AWHONN and ACOG as essential personnel and part of the maternity care team," said AWHONN member Nancy Travis, MS, BSN, RN, BC, CPN, CBC, Florida Section Chair.

AWHONN supports doulas as partners in care and acknowledges their ability to provide physical, emotional, and partner support to women. AWHONN opposes hospital policies that restrict the presence of a doula in the inpatient setting during an infectious disease outbreak. Read more about AWHONN's position on continuous labor support for every woman at AWHONN.org.

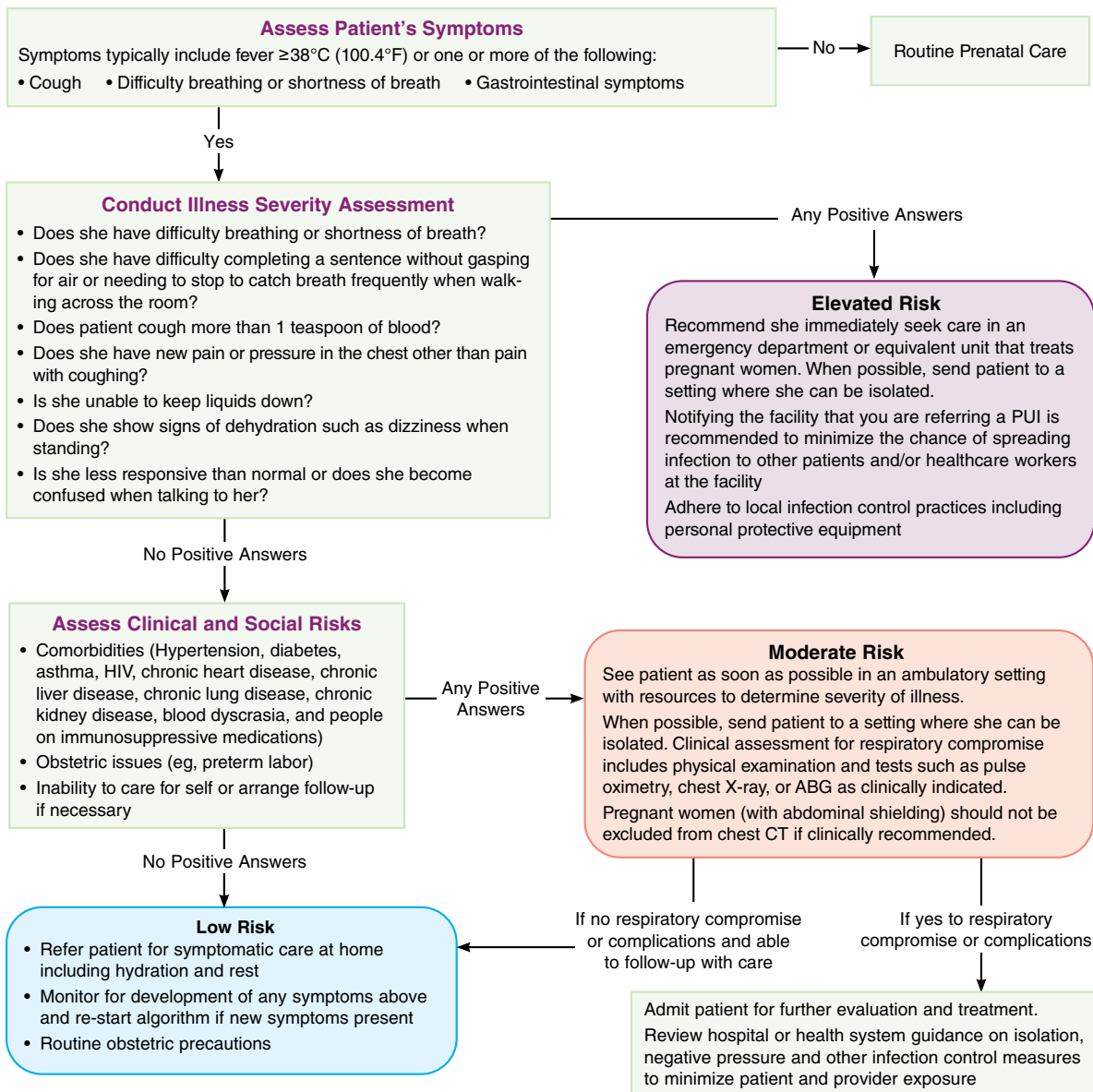


Outpatient Assessment and Management for Pregnant Women With Suspected or Confirmed Novel Coronavirus (COVID-19)

Unlike influenza and other respiratory illnesses, based on a limited number of confirmed COVID-19 cases, pregnant women do not appear to be at increased risk for severe disease. However, given the lack of data and experience with other coronaviruses such as SARS-CoV and MERS-CoV, diligence in evaluating and treating pregnant women is warranted.

This algorithm is designed to aid practitioners in promptly evaluating and treating pregnant persons with known exposure and/or those with symptoms consistent with COVID-19 (persons under investigation [PUI]). If influenza viruses are still circulating, influenza may be a cause of respiratory symptoms and practitioners are encouraged to use the [ACOG/SMFM influenza algorithm](#) to assess need for influenza treatment or prophylaxis.

Please be advised that COVID-19 is a rapidly evolving situation and this guidance may become out-of-date as new information on COVID-19 in pregnant women becomes available from the Centers for Disease Control and Prevention (CDC). <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>



Abbreviations: ABG, arterial blood gases; CDC, Centers for Disease Control and Prevention; HIV, human immunodeficiency virus.

Healthcare providers should immediately notify their local or state health department in the event of a PUI for COVID-19 and should contact and consult with their local and/or state health department for recommendations on testing PUIs for COVID-19.

This information is designed as an educational resource to aid clinicians in providing obstetric and gynecologic care, and use of this information is voluntary. This information should not be considered as inclusive of all proper treatments or methods of care or as a statement of the standard of care. It is not intended to substitute for the independent professional judgment of the treating clinician. Variations in practice may be warranted when, in the reasonable judgment of the treating clinician, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology. The American College of Obstetricians and Gynecologists reviews its publications regularly; however, its publications may not reflect the most recent evidence. Any updates to this document can be found on www.acog.org or by calling the ACOG Resource Center. While ACOG makes every effort to present accurate and reliable information, this publication is provided "as is" without any warranty of accuracy, reliability, or otherwise, either express or implied. ACOG does not guarantee, warrant, or endorse the products or services of any firm, organization, or person. Neither ACOG nor its officers, directors, members, employees, or agents will be liable for any loss, damage, or claim with respect to any liabilities, including direct, special, indirect, or consequential damages, incurred in connection with this publication or reliance on the information presented.

PROVIDE

INITIATIVE

Labor Positions with the Peanut Ball

Our newest resource: video snippets for your PROVIDE project!



Research shows that use of a peanut ball in labor results in shortened length of labor, and reduced cesarean section rate in epidural patients. We'll walk you through some positions with the peanut ball in the first and second stage of labor.

This video can be used in a variety of ways! Here are some ideas:

- Use at nurse pre-shift briefs
- Kick off a PROVIDE team meeting or a department meeting
- Forward to individuals with questions about the topic for "just in time" training
- Show at OB division meetings where nursing, physician, and C-suite leaders are present to raise awareness of PROVIDE
- Share on social media and promote via your website
- Show to OB Chief and OB Medical Director and ask for the best way to present the information at their hospital
- Perinatal safety team discussions
- Incorporate into training, education, or events

The Snippet library can be found at www.FPQC.org/PROVIDE

MORE Initiative

Maternal Opioid Recovery Effort

SCREENING, BRIEF INTERVENTION, REFERRAL TO TREATMENT (SBIRT)

Announcing the official launch of our newest resource:

[Video snippets](#) for your MORE project!



On our 2/18/2020 MORE Webinar, we premiered our first MORE snippet, and discussed some possible uses for your teams. Here are a few more ideas about how to use these clips!

- Use at nurse pre-shift briefs
- Kick off a MORE team meeting or a department meeting
- Forward to individuals with questions about the topic for "just in time" training
- Show at OB division meetings where nursing, physician, and C-suite leaders are present to raise awareness of MORE
- Share on social media and promote via your website
- Show to OB Chief and OB Medical Director and ask for the best way to present the information at their hospital
- Perinatal safety team discussions
- Incorporate into training, education, or events
- Show at community substance exposed newborn/substance use disorder partner meetings
- Share with Healthy Start liaisons to improve dissemination to OB offices
- Show at Federally Qualified Health Centers and MAT providers

Central Florida Chapter

Tracy Fitzpatrick and Jeni Bowlin

Hello from Central Florida AWHONN ~

Central Florida Chapter kicked off the Year of the Nurse at our January meeting themed {*Spread Love - Not Hate*}. We learned about the trending topic: Nurse Bullying and Incivility in Nursing. Our presenters, Pat DuRant and Linda Schofield, did an excellent job! The meeting was held at Advent Health Women's Hospital and was our largest to date, with over 50 in attendance! ABBOTT Nutrition sponsored our dinner and provided a delicious Italian Olive Garden dinner.

SAVE THE DATE
August 31st

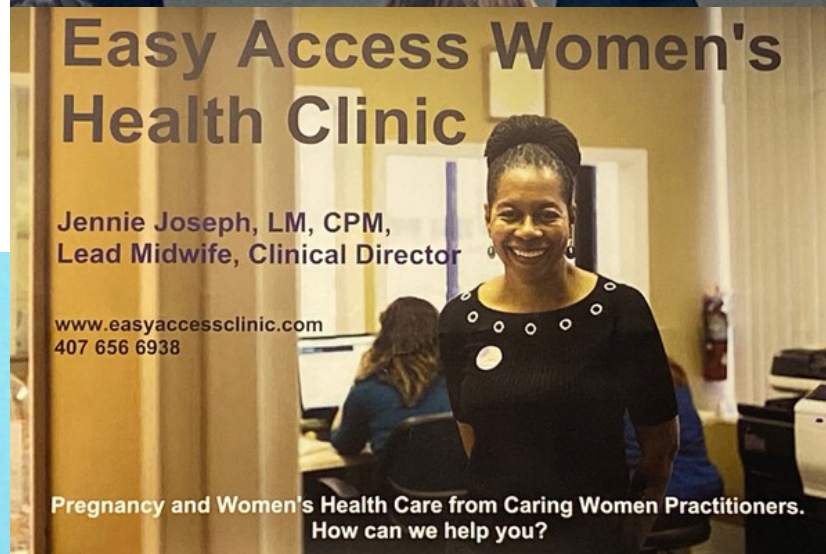
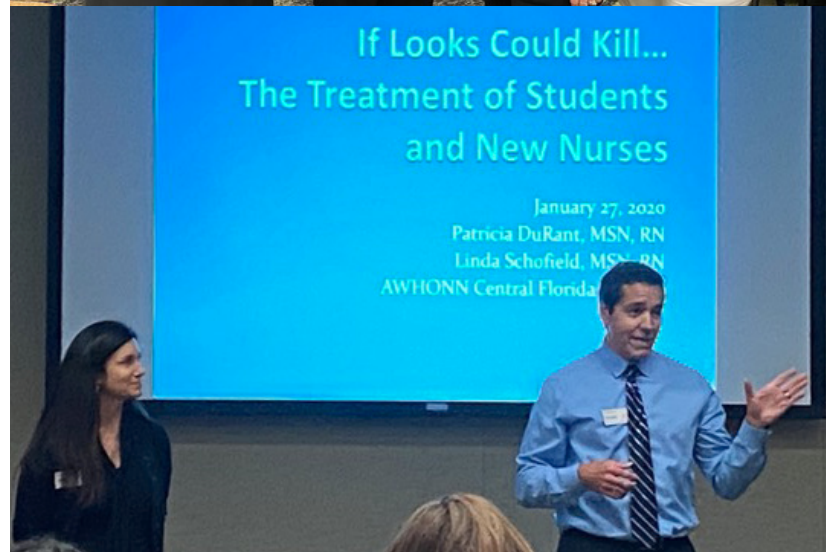
Winnie Palmer Hospital

Watch for the EventBrite invite in late July.

Central FL Chapter meeting with nationally acclaimed presenter Jennie Joseph, LM, CPM!! She will present her journey in Obstetrics and some details about The JJ Way: Reducing Perinatal Outcome Disparities.

She's BRILLIANT and a wonderful speaker

You will NOT want to miss it!



Strategies to Eliminate Incivility

1. Raise awareness
2. Improve communication skills
3. Role model behaviors
4. Zero tolerance

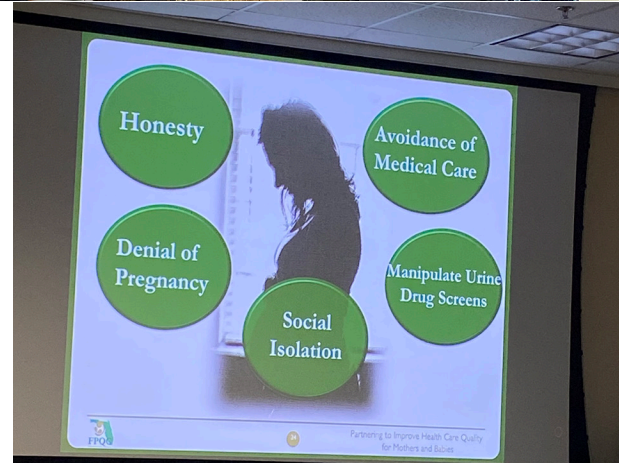
Hillsborough Chapter

Jennifer Clark and Tricia Walton



AWHONN Hillsborough held their March chapter meeting at St Joseph's Women's Hospital. Dr Jan Lanouette presented The FPQC MORE initiative.

SBIRT (verbal screening) importance was reinforced. Pocket cards and posters shared. For more information go to FPQC website for the entire toolkit!




Sample Script for a Brief Intervention

Raise the subject	<ul style="list-style-type: none"> • "Thank you for completing this questionnaire and for being honest about this subject -is it ok with you if we review your results?" • "Can you tell me more about your past/current drinking or drug use? What does a typical week look like?"
Provide feedback	<ul style="list-style-type: none"> • "I also thank you for trusting me and being willing to talk about this subject." • "Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy." • "I recommend to all my pregnant patients not to use any amount of alcohol or drugs, because of the associated risks" (review risks from front)
Enhance motivation	<ul style="list-style-type: none"> • "What are your thoughts about this recommendation?" • "By being honest with me, it is obvious that you want to have a healthy pregnancy and we want to work with you to make this happen."
Negotiate plan	<ul style="list-style-type: none"> • Summarize conversation. Then: "What steps do you think you can take to reach your goal of having a healthy pregnancy and baby?" • "We can talk about this again at your next appointment."

SAMHSA Toll-Free Treatment Referral Hotline	1-800-662-HELP (4357)
Florida Department of Children and Families mental health and substance use information, resources and treatment service website	www.myflorida.networkofcare.org

Interpreting the 5Ps Screening Tool

Answers	Zone	Indicated Action	SBIRT Billing
No to all substance use questions	Low Risk	Positive reinforcement	SBIRT is currently reimbursed as part of the global fee by Medicaid. Check with Managed Care Plans in your area to determine if they offer separate reimbursement or are willing to consider doing so for enrollees in their plans.
"Yes" to Parents	Risky	Review risk	
"Yes" to Peer Questions		Perform Brief Intervention/Referral	 <p>Modified with permission from www.sbirtoregon.org</p>
"Yes" to Partner, Past, or Present Questions	Harmful or Severe	Refer for further assessment and possible specialized treatment	

Lee/Collier Chapter

Carol Lawrence and Robin Piaggione

The Lee Collier Chapter had a February meeting with Karen Kolega, MSN, RNC-OB, C-EFM speaking on "OB Documentation and Legal Issues" with a sold out attendance.



Palm Beach County/Treasurer Coast Chapter

Pam Heithoff

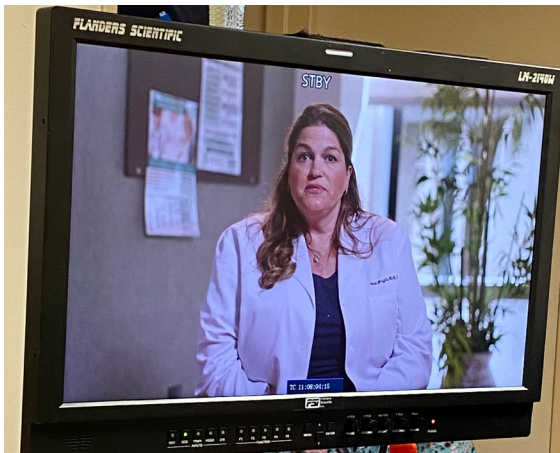
We had a great meeting at Mortons Steak House in West Palm Beach. There were 60 attendees from our local area. We had a great night of education provided by our speaker Nicole Keegan, DNP, RN, APN-C who presented on *Multimodal Analgesia in Treating Acute Pain*, and plenty of great food and networking with our colleagues.

Our next meeting will be held on June 2nd. More info will be sent out closer to that date.

Volusia/Flagler Chapter

Mindi Timmer

The FPQC MORE initiative is producing short educational video "snippets" for Nurses and Drs regarding Opioid Use Disorder (OUD). Halifax hosted the filming crew! Thanks to Heidi Wright and Jennifer Butts who participated & helped coordinate the filming team.



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